

# EYE CE PRIMARY SCHOOL NEWSLETTER



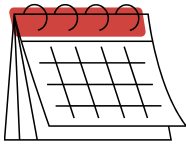
06.02.26

## THIS WEEK AT EYE C OF E PRIMARY...

We've had a great week at Eye C of E Primary School. A highlight of the week has been EYFS' visits to the mosque as part of their Religious Education learning. See more about this on page 2. Our first block of clubs have come to an end this week and we're pleased to see that lots of children have been signed up to our second block of clubs, which begin on Monday 23<sup>rd</sup> February. We want to say a big thank you to our staff members who give their time to run these clubs. We're grateful for their commitment to our clubs, which allows us to run them free of charge. This week's newsletter is packed full of information for you. Be sure to check out page 5 for a parents' guide on digital devices and wellbeing.



### DATES



#### February

16<sup>th</sup> - 20<sup>th</sup> - Half Term Week

23<sup>rd</sup> - Clubs begin

#### March

9<sup>th</sup> -12<sup>th</sup> -Bikeability Level 1 and 2

WB 16<sup>th</sup> - TLC Week

24<sup>th</sup> - Easter Church Services

25<sup>th</sup> - Year 6 SATS parents information evening

26<sup>th</sup> - Rocksteady Concerts to Parents

27<sup>th</sup> - Children's last day of term

#### April

13<sup>th</sup> - Inset Day

14<sup>th</sup> - Children back to school for Summer Term

#### May

4<sup>th</sup> - May Bank Holiday

WB 11<sup>th</sup> - SATS Week

19<sup>th</sup> - Pentecost Church Services

20<sup>th</sup> - Year 6 Careers Fair

25<sup>th</sup> - 29<sup>th</sup> - Half Term Week

#### June

25<sup>th</sup>- Sports Day (Yrs 3, 4, 5, 6- am, Yrs R, 1, 2- pm)

#### July

2<sup>nd</sup>- Reserve Sports Day

8<sup>th</sup> - 10<sup>th</sup>- PGL (Year 6)

16<sup>th</sup> - Rocksteady Concert to Parents



**Please remember that we are a nut-free school with pupils who have severe nut allergies. Please make sure that packed lunches and snacks do not contain any nuts or nut products. Thank you for your understanding and support in helping us to keep every child safe.**

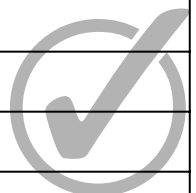
### ATTENDANCE

WB- 26/01/26-30/01/26

Whole School Attendance is:

**96.5%**

Badgers	99.7%
Squirrels	90.7%
Chimps	94.3%
Hedgehogs	96.8%
Dolphins	94.2%
Foxes	97.7%
Giraffes	96.3%
Jaguars	97.9%
Koalas	95.7%
Meerkats	95.9%
Sharks	98%
Tigers	98.4%
Wombats	97.25
Zebras	98.9%



## LET'S CELEBRATE!

### GROWTH AWARD



Wednesday's collective worship was a special time of celebration. The feeling of pride was tangible within our hall as we recognised the children who have been showing our GROW standards so well. We love being able to cheer each other on and recognise the efforts and achievements that have been made. A big well done to: Ettie-Rose, Jayden, Annie-May, Roman, Tienna and Laken.

YOU  
ARE  
awESOME

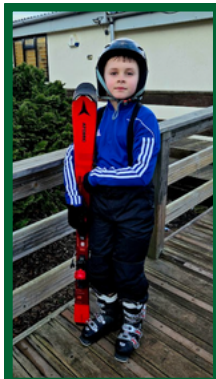
### GROWING BEYOND SCHOOL

We always love to hear about the ways in which our pupils are growing beyond school. Please keep sending in your news via email to our office email address: [admin@eye.peterborough.sch.uk](mailto:admin@eye.peterborough.sch.uk)



Anthony was nominated as 'Man of the Match'. He scored 3 goals in the first half and assisted with 1, helping his FC Peterborough football team win 5-3. Great work, Anthony! Keep it up!

Anthony and his brother, Jan have also completed their ski lessons on Sunday. They have been attending for the past few weeks and are now able to ski independently.



### EYFS TRIP TO THE MOSQUE

This week, EYFS went on a trip to the local mosque. The children were incredibly well behaved and represented our school beautifully. They learnt lots about what a mosque is and how it is used, and they asked some thoughtful and interesting questions during the visit. It was a lovely learning experience and the children really enjoyed it.





BEYOND THE CLASSROOM

PRESCHOOL NEWS

This week in Pre-School, we've been busy exploring lots of different types of construction! The children have been creating and completing patterns using LEGO pieces, experimenting with blocks and shaving foam to design their own amazing structures and even digging for number stones in the sand. We have had group discussions around construction, including the vehicles used on worksites and the important jobs construction workers do and what they create.

Through construction and building activities, children are developing key mathematical skills as they build, explore and experiment, they are using mathematical language such as size, shape, number, pattern and position and beginning to compare quantities and structures



WRAPAROUND UPDATES

In Wraparound, we've been diving into ICT, playing number bond games on the large screen and having lots of fun challenging each other to beat high scores. Meanwhile, in KS1, the children got creative on Wednesday by making their own 'moving' pictures using lollipop sticks and a variety of craft materials. So much imagination and excitement throughout the week!



SUPPORT FOR PARENTS

This Spring Term, we're delighted to share some helpful resources for parents experiencing all the big emotions of growing children.

TogetherNESS is the NHS emotional health digital learning hub funded in your area. Your family has free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children. Click the link below to see a quick round up of what we think is great on TogetherNESS to help your children thrive.

TogetherNESS for better emotional health  
Evidence based - Created in the NHS - Private and available anytime, anywhere  
malchi.org

IT'S DISCO TIME!

ESA Presents  
**DISCO TIME!**  
THURSDAY 12TH FEBRUARY 2026  
**£3 per child INCLUDING:**  
DRINK | NON-UNIFORM DAY | SNACK  
Reception; 2.15pm - 3pm  
Year 1 & 2; 3.15pm - 4.15pm  
Year 3 & 4; 4.30pm - 5.30pm  
Year 5 & 6; 5.45pm - 6.45pm  
[Click or copy the link to book www.pta-events.co.uk/esaeye](http://www.pta-events.co.uk/esaeye)  
Book your tickets by 11th February 2026  
esa.eyepriamary@yahoo.co.uk



NOTICES

Preschool Spaces Available



Our Early Years Provision is Ofsted OUTSTANDING!

"Children in the early years establish strong foundations for learning" Ofsted 2025

Spaces available!

Come and explore our setting, meet the team, and find out what makes our preschool special.

Eye C of E Preschool (next to Eye C of E Primary School)

For more information,

email: [preschool@eye.peterborough.sch.uk](mailto:preschool@eye.peterborough.sch.uk)  
or telephone: 01733 222314

SWIMMING GAMES SPORTS FOOD EXPERIENCES ARTS AND CRAFTS

EYE C OF E PRIMARY  
SCHOOL  
HOLIDAY CLUB

16TH-20TH  
FEBRUARY

BOOK VIA THE MCAS APP

EMAIL

[WRAPAROUND@EYE.PETERBOROUGH.SCH.UK](mailto:WRAPAROUND@EYE.PETERBOROUGH.SCH.UK)

**PETERBOROUGH CITY COUNCIL**

**family voice** together improving services

**Insight**

**Peterborough Virtual School**

**Family Hubs**

**NATIONAL ONLINE SCHOOL**

**randstad**

**BARNARDOS**

**Divergent**

**RedBalloon**

**circles**

**ROMSEY MILL**

**NESSIE**

**NHS** Cambridgeshire and Peterborough NHS Foundation Trust

**VoiceAbility**

**AP Education**

**PCC Special Educational Needs & Disabilities Event**

At Brightfield Business Hub, Orton Southgate.

**29<sup>th</sup> of April 2026 9:00-12:30**

PCC welcome parents, carers, school/college staff and other professionals to this exciting event! We will have in attendance stalls from settings and other professionals, come along and discuss with us how we can work together to support children and families across Peterborough.

We are pleased to share an upcoming PCC event open to parents, carers, school staff, and other professionals. The event brings together a range of local services, schools, and professionals, all focused on supporting children and families across Peterborough. It's a great opportunity to ask questions, learn about the support available locally and make valuable connections. Attendees are encouraged to explore the stalls and take part in discussions about how we can work together to best support children and families.

# What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

## WHAT ARE THE RISKS?

### SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

### ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

### CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

### REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

### EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

### PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

## Advice for Parents & Educators

### SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.

### MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.

### ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.

### PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.

## Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUpWednesday

The National College