

# EYE C OF E PRIMARY SCHOOL LUNCH MENU – WEEK 1



**W/C 31<sup>st</sup> Aug, 21<sup>st</sup> Sept, 12<sup>th</sup> Oct**

|                        | MONDAY                                                         | TUESDAY                                                             | WEDNESDAY                                                                                   | THURSDAY                                                               | FRIDAY                                              |
|------------------------|----------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------|
| <b>MAIN</b>            | Beef Bolognese with Garlic Bread<br><br>(GF available)         | Beef Burger in a Bun with Potato Wedges<br><br>(GF available)       | Roast Chicken, Yorkshire Pudding, Roast Potatoes (Gravy optional)<br><br>(DF, GF available) | Cheese and Tomato Pizza with ½ Jacket Potato<br><br>(DF, GF available) | Battered Fish with Chips<br><br>(VGN, GF available) |
| <b>VEGETARIAN MAIN</b> | Quorn Cottage Pie with Garlic Bread<br><br>(VGN, GF available) | Meat-Free Burger in a Bun with Potato Wedges<br><br>(VGN available) | Quorn Noodle Stir Fry<br><br>(VGN available)                                                | Jacket Potato with Tuna and Cheese<br><br>(VGN, GF available)          | Cheese Lattice with Chips<br><br>(V available)      |
| <b>SIDE OPTIONS</b>    | Mixed Vegetable, Peas Or Salad Selection                       | Sweetcorn, Baked Beans Or Salad Selection                           | Carrots, Peas Or Salad Selection                                                            | Sweetcorn, Coleslaw Or Salad Selection                                 | Peas, Carrots Or Salad Selection                    |
| <b>DESSERT</b>         | Chocolate Sponge (Custard optional)<br><br>(DF, GF available)  | Frozen Smoothie<br><br>(VGN, GF available)                          | Chocolate Brownie<br><br>(VGN, DF, GF available)                                            | Yoghurt<br><br>(VGN, GF available)                                     | Oat Cookie<br><br>(VGN, GF available)               |

V = Vegetarian / VGN = Vegan / GF = Gluten Free / HM = Homemade / DF = Dairy Free

Water & Fresh Bread – Available Daily / Vegan alternatives also Available Daily

**Some items are subject to change.**