

EYE CE PRIMARY SCHOOL NEWSLETTER

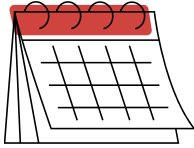


17.07.26

THIS WEEK AT EYE C OF E PRIMARY...

As we reach the final week of term, it's hard to believe just how much we have packed into these last few days! It has been a truly memorable and celebratory end to the school year. Year 2 thoroughly enjoyed their trip to Hunstanton, Year 6 proudly performed their leavers' play for their parents and our talented musicians delighted families at the Rocksteady concerts. Reception celebrated their graduation as they prepare to begin their exciting journey into Year 1 and we marked the end of our Year 6 pupils' time with us at a special leavers' service held at St Matthew's. We are incredibly proud of all that our children have achieved this year and would like to take this opportunity to thank our families for their continued support. We wish you all a happy, restful and enjoyable summer break and look forward to welcoming everyone back in the new academic year.

DATES



July

17th - Children's last day of term

September

1st & 2nd - Inset Days

3rd - Children back to school



Please remember that we are a allergy aware school with pupils who have severe allergies including nuts. Please make sure that packed lunches and snacks do not contain any nuts or nut products. Thank you for your understanding and support in helping us to keep every child safe.

farewell

We are saying a fond farewell to some of our much loved staff today. We want to wish Mrs Butler, Mrs Hobbs, Miss West, Miss Marriott, Mrs White and Mrs Pearson happiness for their next adventures.



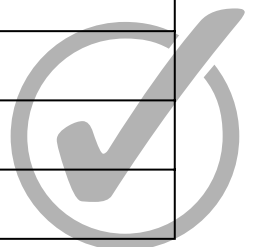
ATTENDANCE

95.3%

WB-06/07/26-10/07/26

Whole School Attendance is:

Badgers	88.7%
Squirrels	98.3%
Chimps	99%
Hedgehogs	93.2%
Dolphins	93.5%
Foxes	96%
Giraffes	93.9%
Jaguars	92.6%
Koalas	97%
Meerkats	99%
Sharks	96%
Tigers	92.7%
Wombats	98.4%
Zebras	96.6%



LET'S CELEBRATE!

GROW AWARD



In our final Key Stage 2 GROW Celebration collective worship of the year, we celebrated the great achievements of a number of pupils. We heard of the way they are role models to others, have overcome challenges and have shone in their classes. Well done to Oscar, Sophie, Freddie, Daniella, Evelyn, Harry, Poppy, Harry, Nicholas, Will, Jasmine, Lauren and Emilie.



GROWING BEYOND SCHOOL

We always love to hear about the ways in which our pupils are growing beyond school. Please keep sending in your news via email to our office email address: admin@eye.peterborough.sch.uk



Harlie's parents have shared that their amazing ballerina Harlie performed at her end of term show on her own for part of 'Memories'. They are so so proud, she did superb in both showings,. Well done, Harlie! This is amazing!



Isla took part in a dance performance at Bretton festival last weekend with her Street dance troupe! They all absolutely smashed it and she did a super job! Well done Isla, your family are so proud of you and we are too!

The staff at Eye Primary School would like to express their sincere thanks for all of the well wishes, gifts and cards that have been received at the end of the year. These are never expected but we are very grateful for your kindness.



BEYOND THE CLASSROOM

PRESCHOOL NEWS

As another fantastic academic year comes to an end, we'd like to thank all of our wonderful children and families for making it such a special year. We are incredibly proud of everything the children have achieved, the confidence they have gained, and the many skills they have developed during their time with us.

We wish all of our school leavers every success as they begin their exciting new chapter at school. We know they will continue to shine, and they will all be greatly missed by everyone here at preschool.

We look forward to welcoming our returning families back in September for another year filled with fun, friendship, learning, and adventure.

Thank you for your continued support throughout the year. We hope you all have a wonderful, relaxing summer and make lots of happy memories along the way.

THANK YOU!

PGL



Year 6 had an amazing time at PGL last week. They conquered many challenges including abseiling, Jacob's ladder, canoeing and trapeze! We are so proud of all of our Year 6s!

YEAR 2 TRIP

On Wednesday, Year 2 had a brilliant day at Hunstanton Beach. They enjoyed paddling in the sea, playing in the sand and exploring the SEA LIFE Centre, before finishing off a lovely day with an ice lolly to cool down! The weather was just right and everyone had a fantastic time!



NOTICES

Eye C of E Primary School

Preschool Spaces Available

Come and explore our setting, meet the team, and find out what makes our preschool special.

For more information

email: preschool@eye.peterborough.sch.uk
or telephone: 01733 222314



Our Early Years Provision is Ofsted OUTSTANDING!

"Children in the early years establish strong foundations for learning" Ofsted 2025



SWIMMING
SPORTS
FOOD EXPERIENCES
GAMES
CRAFTS

EYE C OF E PRIMARY SCHOOL HOLIDAY CLUB

20TH JULY -
2ND SEPTEMBER

BOOK VIA THE MCAS APP

FOR FURTHER INFORMATION – EMAIL
WRAPAROUND@EYE.PETERBOROUGH.SCH.UK

SUMMER FETE AT EYE FUNERALCARE



29th

Saturday 22 August 1.00-3.00pm

Co-op Funeralcare, High Street, Eye, Peterborough, PE6 7UU

Fun for all ages in aid of Barnardo's!
Ice cream, tombola, hook-a-duck, raffle, music refreshments and more!

Meet the alpacas between 1.00-2.30pm

£2 each, under 5s free. Children must be accompanied by an adult.



Scan to find out about member benefits

<https://www.barnardos.org.uk/donate>



@ConnectingLocally



Entry fee includes meeting the alpacas
eyefuneralcare@coop.co.uk

OWNED BY YOU.
RIGHT BY YOU.



FAMILY SUNDAYS

Get ready for summer days
full of family fun!

From stilts to scavenger
hunts, come and explore the
games and nature-based
activities in the museum and
gardens of Clare Cottage.

Sundays
11am-4pm

Did you know?

Sundays and every day,
under 25s can enjoy free
museum entry!

John
Clare
Cottage

clarecottage.org | johnclarecottage | Helpston, PE6 7ED

LEARNING AND GROWING TOGETHER FOR LIFE IN ALL ITS FULLNESS

"I CAME TO GIVE LIFE, LIFE IN ALL ITS FULLNESS" (JOHN 10:10)



NOTICES



START THEIR FOOTBALL JOURNEY WITH US!
FOR BOYS & GIRLS AGED 3-5

6 WEEK PROGRAM
STARTS SUNDAY 19TH JULY
UNTIL SUNDAY 23RD AUGUST

EVERY SUNDAY 10:00AM - 10:45AM
PAY AS YOU PLAY £3 PER SESSION
FIRST SESSION FREE!

BUILD CONFIDENCE **DEVELOP SKILLS** **HAVE FUN** **MAKE FRIENDS**

RINGWOOD SOUTH BRETON PLAYING FIELDS

FUN SESSIONS | FA QUALIFIED COACHES | ALL ABILITIES WELCOME | WHERE FUTURE AZZURRI BEGIN!

ONE CLUB • ONE COMMUNITY • ONE ICA



ICA SPORTS FC
BRAND NEW U10'S GIRLS TEAM!
JOIN OUR TEAM. PLAY. LEARN. GROW.

WE'RE LAUNCHING A BRAND NEW U10'S GIRLS TEAM!
BE PART OF SOMETHING SPECIAL FROM THE VERY BEGINNING!

AGES 9

FOR THE 2026/27 SEASON

A POSITIVE START. A BRIGHT FUTURE.

FUN & FRIENDLY ENVIRONMENT | FA QUALIFIED COACHES | DEVELOP SKILLS & CONFIDENCE | MAKE FRIENDS & LOVE THE GAME

NO EXPERIENCE NEEDED - JUST A WILLINGNESS TO LEARN AND A SMILE ON YOUR FACE!

COME BE PART OF OUR JOURNEY!

INTERESTED? GET IN TOUCH!
CONTACT ANDY
WOMEN'S AND GIRLS HEAD OF DEVELOPMENT
07809617758

NEW TEAM. NEW FRIENDS. | NEW MEMORIES. NEW OPPORTUNITIES. | YOUR FUTURE STARTS HERE.

JOIN ICA SPORTS FC! WHERE GREAT PLAYERS START THEIR JOURNEY!



Peterborough National Literacy Trust
IT'S YOUR STORY

Summer Story Hunt
Tuesday 28 July, 10am - 2pm
Willow Café, Central Park

Explore the wacky world of *Postman Planet* with author Ben Davis
Email becky.marrs@literacytrust.org.uk
or call 07745 667 126 to book your place.



READ to the BEAT
Summer Reading Challenge 2026

Looking for ways to keep your children reading through the summer holidays?

The Summer Reading Challenge 2026 at Peterborough Libraries

The Reading Agency have teamed up with award-winning illustrator Harry Woodgate and Universal Music Group UK to inspire children to explore the world of stories, music and sound in this year's Summer Reading Challenge.

Throughout the summer holidays, children can collect stickers and receive rewards for reading library books, including a sticker booklet, Read to the Beat certificate and bookmark.

Visit your local library from **Saturday 4th July** to join the fun for free!

Visit peterboroughlibraries.org.uk for more information

Peterborough Libraries & Archives

Illustrations © Harry Woodgate 2026. Read to the Beat © The Reading Agency 2026, registered charity number 1085443 England and Wales.

AATS Update

A half termly newsletter for by the Autism Advisory Teacher Service for Peterborough's Neurodiversity community

READY TO FLY

Claire Nunn (Service Manager)

As we come to the end of this academic year, and as we reflect on the year and plan for the next, we would really like to hear your views on what has been helpful and what has not. Please let us know where the gaps are and what you feel your family needs.

To help us gather and collate feedback, please click on the link below:

[Autism/ADHD Advisory Teacher Service Feedback Survey](#)
... I promise it is a quick form to complete!



The way we talk about change and support our young people has a huge influence on how well they adapt to and perceive new situations. Please be positive about upcoming transitions and encourage your child to practise and prepare for these new experiences. If we do not give our children opportunities to grow and challenge themselves, we never truly see what they can achieve. Instead of clipping their wings, let's help them to fly!

Thank you for all your support this year. We hope you enjoy spending time with your families over the summer. School terms can be exhausting, so please take the opportunity to relax and recharge. From all of us at the Autism/ADHD Advisory Teacher Service, we wish you a wonderful summer and look forward to seeing you in September.



We are delighted to share that Lauren Berry will be joining our team in September. In November, we are also excited to begin offering the National Autistic Society's Teen Life parenting programme. Please look out for more information about this in September. As a team, we have been busy supporting children and young people as they prepare for starting or changing schools. We know this can be an anxious time for both students and their families, so please keep in touch with your child's new school and with us if they are struggling with the transition in September.



Supporting Positive Return to School

As the summer holidays end, returning to school can bring mixed emotions. For neurodiverse children, changes in routine may feel particularly challenging. A gradual return to school routines can help. Before term starts, adjust bedtimes, practise the morning routine, and talk positively about what to expect. Visual supports, such as a countdown calendar or simple timetable, can reduce uncertainty. Encourage your child to share any worries and take time to listen.

If there have been significant changes over the summer, let the school know before term begins so staff can prepare support if needed.

Every child settles at their own pace. With patience, predictable routines, and strong home-school communication, children are more likely to feel confident and ready for the new school year.



Pinpoint Cambridgeshire have a range of webinars that are free to access.

Interception and the Summer Holidays 30th Jul 7:30pm

Anxiety and Sleep 7th Sep 7:30pm

Situational Autism 16th September 7:30pm

[Click here](#)

Out & About

Summer Holiday Clubs:

[Click here](#)

Nene Park Summer

[Click here](#)

Activities

Programme:

[Click here](#)

Titanosaur

Adapted Cycling:

at Peterborough

[Click here](#)

VIVACITY

Short breaks for children and young people aged 7-19 with SEND.

[Click here.](#)

Railworld Wildlife Haven

[Click here](#)

Treasure Trails: A fun way to explore Peterborough

[Click here](#)

Autism Friendly Screenings at Showcase Cinema

[Click here](#)

Rainy Days

Try these...

Simple Sensory Play Ideas:

[Click here](#)

Indoor Games at Home:

[Click here](#)

Free Online Games for Kids:

[Click here](#)

BBC Activities to do

at home:

[Click here](#)

Ceebees Child Friendly Recipes:

[Click here](#)

Great Indoor Games:

[Click here](#)

Music/Beatboxing:

Check out incredibox:

[Click here](#)

Explore the World Virtually:

Tap into street cameras all around the world!

[Click here](#)

THE NOTICE BOARD



Newbold Hope

Events

Newbold Hope's series of summer webinars offer a range of webinars for parents of SEND children:

There's everything from 'Being the Best Possible Advocate for Your Child During Meetings' to 'Reducing Extreme Behaviour.'

Webinars cost £10 each. For the full list of webinars [click here](#).

PARENT AND CARER PHONE CONSULTATIONS

Advice and support at home.

To book a phone call with one of our Autism Specialist Teachers please email

SEN.Inclusion@peterborough.gov.uk



Peterborough 2 Mental Health Support Team



Newsletter

Summer 2026



Hello and Happy Summer!

We are the Mental Health Support Team, part of the Emotional Health and Wellbeing Service. Across the Peterborough 1 and Peterborough 2 MHSTs, we work with staff, students, schools, to support children and young people with their mental health and wellbeing.

Within each of our termly newsletters for school staff, we provide more insight into our services, as well as helpful tools and resources relating to a specific theme.

MHST UPDATES

We recently said goodbye to some of our EMHPs, Alicia Williams and Jane Holloway, who have moved into MHSTs in other localities, and Laura Locke and Ella Machin, who have moved into other pastoral roles. We'd like to wish them all the best for the future in their new teams! Additionally, following our well-received pilot, we now are offering a new Emotion Regulation Intervention to Children and Young People from years 5 - 9.

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- MHST Team Spotlight
- Transitions and anxiety
- Transition worries
- Problem solving and circles of control
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- Transitions and neurodivergence
- Anna Freud Resources
- FAQs
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- Book/ video Suggestions

This term's theme is:

Transition Worries

Children and young people experience many transitions throughout their time in school, from smaller transitions such as moving between activities in their day, to moving up to a new year group, until they eventually transition into secondary school and beyond. For some young people, these moments of transition pass with minimal worries or concerns, but for others, their ability to regulate their emotions and worries can be difficult. It can therefore be helpful to explore different strategies for supporting young people through these processes and equip them with different tools to work through these experiences.

Introduction

MHST TEAM SPOTLIGHT

Strengths

- Supporting staff, schools & families
- Ensuring fair access to support

Weaknesses

- Dark chocolate (can't resist)
- Animals with long eyelashes (so cute!)

Loves

- Being part of staff development

Schools

- As team lead, Clare oversees over 40 schools in Peterborough!



Clare Oakman

Clinical and Team Lead (Peterborough 2)

Clare has been around children's health and welfare for a long time! **Fact File**
She is a Social Worker by background, having worked in various social care teams in her early career, and then moving into child mental health 16 years ago. She has worked in inpatient, CAMHS, early intervention and has been part of the Emotional Health and Wellbeing Service for 9 years, and the MHST for 18 months. She strives for the team to provide high quality care and support to families, young people and schools. Seeing staff develop and grow in their roles is what she finds satisfying and fulfilling. She loves nature and can be very distracted by it – particularly horses, cats and bears. Her dream is to own a house in a more remote location, ideally close to the sea, so she can befriend deer, seals and other wildlife. Please never offer her a banana, seafood or tofu... she'd rather go hungry! However supplying her with endless cheese, chocolate, raspberries or strawberries would make her very happy.

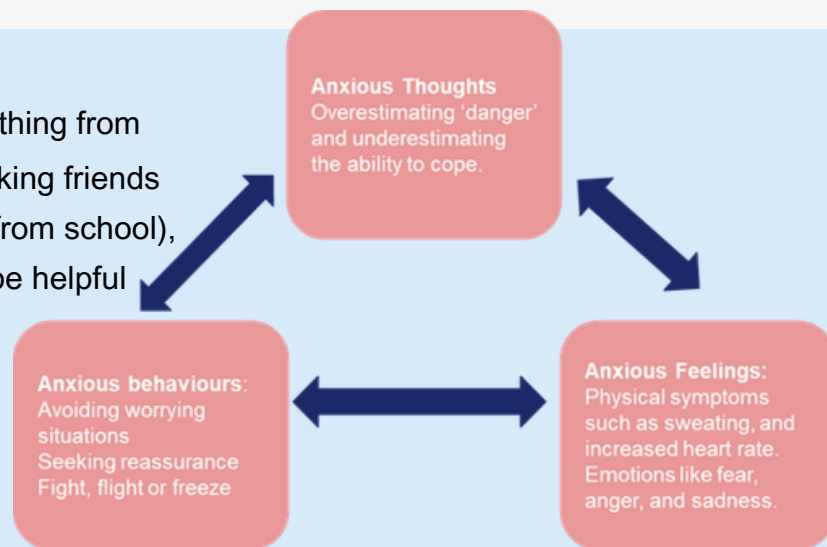


Transitions and Anxiety

When young people feel anxious, this is usually due to overestimating the perceived 'threat' towards them and underestimating their ability to cope with that threat. When it comes to transitions, there are lots of things young people may be worried about. For example, making new friends, dealing with higher workloads, not having a clear idea of expectations in a new setting. These unknowns can culminate in the perceived 'threat' of moving up feeling larger than it really is. Equally, they may feel if something difficult does happen (e.g. getting lost on their first day), they won't be able to cope with this. If this worry isn't addressed, it can lead to anxious feelings (sadness, worry, anger, frustration, etc.) and physical sensations (feeling sick, shaky or unable to focus) and result in anxious behaviours (crying, shouting, leaving class, avoiding school, physically lashing out etc.)

Transition Worries

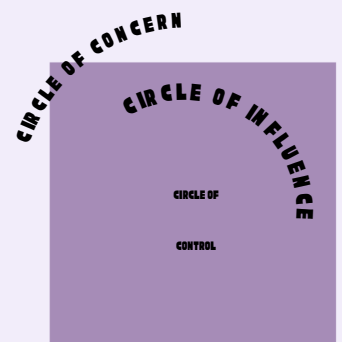
Common worries about transitions can be anything from concerns about interpersonal issues (e.g. making friends and bullying), to logistics (e.g. getting to and from school), to changes in academic expectations. It can be helpful for children and young people to understand that their worries are normal, and are their brain's way of trying to keep them safe. Recognising this, and understanding that strategies can be used to help calm and manage these worries, can help them to feel more in control.



Problem solving and Circles of Control

The Circle of Control is a simple social-emotional learning (SEL) tool that helps students focus on what they can control, such as their actions, effort, attitude, and choices, rather than worrying about things outside their control. By distinguishing between what they can and cannot influence, it encourages problem-solving and resilience, and reduces feelings of anxiety and overwhelm.

For example, a student upset about a friendship issue cannot control another person's behaviour, but they can control how they communicate and respond. By focusing on what is within their control, students can feel more empowered and confident in managing challenges.



Understanding their Support Network

A child's support network refers to the trusted people around them who can provide emotional, practical, and social support when needed. This may include family members, school staff, friends, and other professionals involved in the child's life. Identifying and strengthening a child's support network helps ensure they have safe adults and peers to turn to, promotes resilience, and enables consistent support across home, school, and wider services. Encouraging children to recognise who is on their "team" can increase their confidence in seeking help and reduce feelings of isolation.

Surviving the Holidays: Supporting Neurodivergent Children and Young People Through Consistency, Routine and Boundaries

The school holidays can be both exciting and challenging, particularly for neurodivergent children and young people. A break from school routines can be welcome, but the sudden change in structure, expectations, and daily activities can come with anxiety and uncertainty. For young people who thrive on predictability, encouraging parents and young people to maintain as much familiarity in routine as possible can be beneficial. This may include:

- regular wake up times, meal times, and bedtime routines, visual timetables, calendars, or simple daily plans.
- Clear and consistent expectations around screen time, activities, and family routines, with some flexibility included to make the most of the down-time.
- Building in opportunities for rest, quiet time, and preferred activities to help children recharge from the increased unstructured socialisation opportunities.

Balancing enjoyment with predictability can help families to support neurodivergent children and young people to navigate the holidays with greater confidence.

Useful Resources

Our vision is a world where all children and young people are able to achieve their full potential. A world in which they and their families get support that is designed with their input, available at the right time, and meets their needs, so that they can develop their emotional and mental health.



Anna Freud
building the mental
wellbeing of the
next generation

Each term, we'll be sharing some relevant resources with you from the **Anna Freud National Centre for Children and Families**.

Moving up! The transition to secondary school

Anna Freud have created an animated video that explores common worries young people can experience about the transition to secondary school. This animation is designed to help Year 6 and 7 pupils feel more confident, less anxious and better equipped to manage the changes that come with moving to secondary school. It is supported by lesson activities and an assembly plan, enabling pupils to discuss potential worries and explore solutions together.

Explore these resources here:

<https://www.annafreud.org/resources/schools-and-colleges/moving-up-the-transition-to-secondary-school/>



Your email address has changed from CCS, to EEC. Why is this?

From 1st April 2026, Norfolk Community Health and Care NHS Trust (NHC&C) and Cambridgeshire Community Services NHS Trust (CCS) merged into a new Trust, East of England Community Health and Care NHS Trust (EEC). You will notice this change on future correspondence, including our general email address, which is now eec.mhst@nhs.net. However, some transitions are still underway, so you may still see CCS branding from time to time.

We referred a young person to YOUNited and now they have come through to you. Will this mean they wait longer?

Referrals made to YOUNited will be triaged by their team, and will sometimes be passed to MHST for further review or assessment. Similarly, we will sometimes discuss cases we have triaged or assessed with YOUNited at the Multi Disciplinary Team (MDT) meetings, which are held weekly and attended by multiple mental health services. Referrals passed between services should usually be placed on waiting lists from the date of referral, regardless of which service they are referred into, meaning that young people should not have to wait any longer within this process.

Calendar Spotlight

There are so many events and significant dates that happen throughout the school year, and we know you'll already be aware of most of them. But each term, we'd like to spotlight a select few dates of note with you, along with some relevant information and resources that you can explore.

June

- **Pride Month**
- 11th June International Day of Play
- 14th June Children's Day
- 18th June International Panic Day
- 27th June National PTSD awareness
- **International Day of Play**

Aim: Raising awareness about the importance of play and how play can support a child's development and wellbeing.

A UNICEF campaign dedicated to celebrating the power of play. This year's theme is 'protect play, protect childhood'. The theme is a reminder for everyone that happy and healthy childhoods are built on play. Play helps to build creativity, resilience and social skills.

International Day of Play resources can be found at <https://www.unicef.org/parenting/day-of-play>

July/Aug

- **Disability Pride Month – July**
Raises awareness, acceptance, and celebration of disabled and neurodivergent individuals and promotes inclusion and accessibility.
- **International Self-Care Day – 24 July 2026**
Encourages individuals to prioritise self-care, wellbeing, and healthy coping strategies.
- **International Day of Friendship – 30 July 2026**
Highlights the importance of positive relationships, social connection, and community wellbeing.
- **Happiness Happens Month – August**
Encourages people to focus on positive wellbeing, gratitude, and activities that support happiness and emotional health.

Sept

- **BNF Healthy Eating Month 2026**
- **Youth Mental Health Day 18th Sept**
- **World Suicide Prevention Day 10th Sept**

Snack-Tember

Aims: To help children and young people make healthier snack choices throughout September. Snack-tember aims to promote better nutrition and well-being among children and young people.

You can get involved by incorporating Snack-tember resources into young people's curriculum, discussing the importance of nutrition with young people, provide a workshop based on healthier snack options and nutrition and share your Snack-tember activities and tips using #Snacktember.

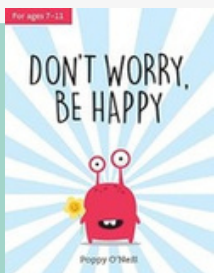
For top tips on how to encourage balanced eating in a body neutral way, check out resources from:

Body Happy Org

www.bodyhappyorg.com/body-happy-org-blog/spotlight-food-positive-healthy-eating-education-resources

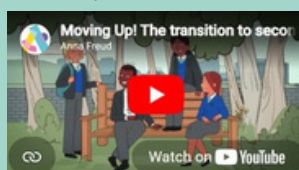
Be Body Positive

bebodypositive.org.uk/module/professionals-body-image-and-normal-eating-session-1/#2779_11



Don't Worry, Be Happy
by Poppy O'Neill

Moving Up! The transition to secondary school
by Anna Freud

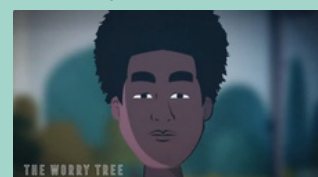


www.youtube.com/watch?v=thnoUraeoGs



Helping Your Child with Fears and Worries by Cathy Creswell and Lucy Willetts

The Worry Tree, How to deal with your worries
by Rise Above



www.youtube.com/watch?v=26GRTQRfryw

BOOKS & VIDEOS

We welcome your input in our newsletters! Send us pictures and descriptions of any events, activities and achievements you would like to highlight, to sarah.robinett@nhs.net with the subject line 'Peterborough Newsletter', and we'll feature as many schools as we can in our next newsletter. We also welcome any submissions for our FAQ section, or requests for newsletter topics.

Get involved